



U.S. Department  
of Veterans Affairs

## News Release

Providence VA Medical Center  
830 Chalkstone Ave  
Providence, RI 02908

FOR IMMEDIATE RELEASE

**June 28, 2017**

Contact: Winfield Danielson  
401-457-3369  
winfield.danielsoniii@va.gov

### **Providence VA Medical Center to Open New Wellness Center**

PROVIDENCE, R.I. – The Providence VA Medical Center will open a new Integrative Health and Wellness Center 10 a.m. Thursday, July 6, 2017.

“The new center will provide alternative therapies and other wellness services to enhance Veterans overall health and wellbeing,” said Stephanie Proske, Patient Experience Officer at the Providence VAMC. “It exemplifies our commitment to provide the patient-centered care Veterans have earned through their service.”

Located in room 243C, on the second floor of the Providence VAMC’s main hospital building at 830 Chalkstone Ave. in Providence, the center will include acupuncture, meditation, integrative health education, osteopathic manipulation, iRest Yoga Nidra, wellness massage, mindfulness, Qi gong/Tai Chi, Reiki and Yoga.

“Evidence shows that patients can benefit from taking care of both their minds and bodies, what we call ‘Mind-Body wellness,’” said Dr. Marjorie Crozier, a psychologist at the Providence VA Medical Center. “The Integrative Health and Wellness Center will help Veterans leverage body wellness to enhance mental health recovery, and leverage mental wellness to enhance physical recovery, depending on their needs.”

**- more -**

## **New Wellness Center, 2 of 2**



**A Tai Chi class exercises in the new Integrative Health and Wellness Center at the Providence VA Medical Center Friday, June 16, 2017. The class was the first to use the new center, which will officially open during a ceremony 10 a.m. Thursday, July 6, 2017. (Providence VA Medical Center photo by Winfield Danielson)**

**###**